

A Shrinking Space Team Building Exercise #6

Objective: Adaptability

Steps :



- Mark a shape on the floor.
- Divide members into teams and make them fit in the shape drawn.
- Shrink the space with music along time.
- Everyone in the shape needs to work together and figure out how to keep everyone inside the shrinking boundary.
- Team which fits in for longer and most shrink space wins.

<https://www.wrike.com/blog/team-building-games/>